

1st EUROPEAN ACROBATICS GYMNASTICS
TEAM CHAMPIONSHIPS SENIORS and JUNIORS
2 nd EUROPEAN ACROBATICS GYMNASTICS
AGE GROUP GAMES
4 - 7 OCTOBER 2006 in Zielona Gora, (POL)



TRAINING SCHEDULE / draft /

Monday 02 Oktober 2006

1

Open Training - AGE GROUP GAMES 14.00 - 20.00 FLOOR C, B, A

Tuesday 03 Oktober 2006

2

AGE GROUP GAMES - TRAINING AS PER SCHEDULE

TRAINING GROUPS	Group 1		Group 2		Group 3		Group 4	
	IRL	2	RUS	26	GBR	26	POL	15
AGE GROUP	4					POR	3	
	FRA	4						
	GER	7						
	Total	17	Total	26	Total	26	Total	18



Floor C	Floor B	Floor A COMPETITION FLOOR	GROUP			
09.00 - 09.30	09.30 - 10.00	10.00 - 11.30	1			
10.30 - 11.00	11.00 - 11.30	11.30 - 13.00		2		
12.00 - 12.30	12.30 - 13.00	13.00 - 14.30			3	
13.30 - 14.00	14.00 - 14.30	14.30 - 16.00				4

Wednesday 04 Oktober

3

General warm - up - AGE GROUP GAMES

Women's Pairs and Mixed Pairs

Floor C	Floor B	START
09.00 - 09.30	09.30 - 10.00	10.00
10.15 - 10.45	10.45 - 11.15	11.15

General warm - up - AGE GROUP GAMES

Women's Groups, Men's Pairs and Men's Groups

13.00 - 15.00 OPEN TRAINING - SENIOR and JUNIORS TEAMS

FLOOR C, B, A

General warm - up - AGE GROUP GAMES

Women's Pairs and Mixed Pairs

Floor C	Floor B	START
15.45 - 16.15	16.15 - 16.45	16.45
17.00 - 17.30	17.30 - 18.00	18.00

General warm - up - AGE GROUP GAMES

Women's Groups, Men's Pairs and Men's Groups

OPEN TRAINING - SENIORS and JUNIORS TEAMS 19.30 - 21.30

FLOOR C, B, A

Thursday 05 Oktober 2006

4

General warm - up - AGE GROUP GAMES - FINAL

Women's Pairs and Mixed Pairs

Floor C	Floor B	START
08.30 - 09.00	09.00 - 09.30	09.30
09.30 - 10.00	10.00 - 10.30	10.30

General warm - up - AGE GROUP GAMES - FINAL

Women's Groups, Men's Pairs and Men's Groups

SENIORS and JUNIORS - TRAINING AS PER SCHEDULE

TRAINING GROUPS	Group 1		Group 2		Group 3		Group 4	
	GER	14	RUS	15	GBR	15	POL	15
SENIOR + JUNIOR	POR	7	FRA	7	MDA	7	UKR	15
		BLR	7					
	Total	21	Total	29	Total	22	Total	30

Floor C	Floor B	Floor A COMPETITION FLOOR	GROUP			
12.00 - 12.30	12.30 - 13.00	13.00 - 14.30	4			
13.30 - 14.00	14.00 - 14.30	14.30 - 16.00		3		
15.00 - 15.30	15.30 - 16.00	16.00 - 17.30			2	
16.30 - 17.00	17.00 - 17.30	17.30 - 19.00				1

Friday 06 October 2006

5

General warm - up JUNIORS TEAMS

PAIRS (WP - MX - MP) BALANCE

GROUPS (WG + MG) DYNAMIC

Floor C	Floor B	START
09.00 - 09.30	09.30 - 10.00	10.00
10.20 - 10.50	10.50 - 11.20	11.20
11.10 - 11.40	11.40 - 12.10	12.10
12.15 - 12.45	12.45 - 13.15	13.15

General warm - up SENIORS TEAMS

PAIRS (WP - MX - MP) BALANCE

GROUPS (WG + MG) DYNAMIC



General warm - up JUNIORS TEAMS

PAIRS (WP - MX - MP) DYNAMIC

GROUPS (WG + MG) BALANCE

Floor C	Floor B	START
15.45 - 16.15	16.15 - 16.45	16.45
17.05 - 17.35	17.35 - 18.05	18.05
17.55 - 18.25	18.25 - 18.55	18.55
19.00 - 19.30	19.30 - 20.00	20.00

General warm - up SENIORS TEAMS

PAIRS (WP - MX - MP) DYNAMIC

GROUPS (WG + MG) BALANCE

Saturday 07 October 2006

6

General warm - up JUNIORS TEAMS - FINAL

PAIRS (WP - MX - MP) COMBINED

GROUPS (WG + MG) COMBINED

Floor C	Floor B	START
13.00 - 13.30	13.30 - 14.00	14.00
14.20 - 14.50	14.50 - 15.20	15.20
15.10 - 15.40	15.40 - 16.10	16.10
16.15 - 16.45	16.45 - 17.15	17.15

General warm - up SENIORS TEAMS - FINAL

PAIRS (WP - MX - MP) COMBINED

GROUPS (WG + MG) COMBINED









1st EUROPEAN ACROBATICS GYMNASTICS TEAM CHAMPIONSHIPS
SENIORS and JUNIORS

2 nd EUROPEAN ACROBATICS GYMNASTICS
AGE GROUP GAMES

4 - 7 OCTOBER 2006 in Zielona Gora, (POL)

COMPETITION SCHEDULE



DAY	MORNING	AFTERNOON	SESSION	DAY	
WEDNESDAY 04 OCTOBER	<p>COMPETITION 1 Qualification AGE GROUP 10.00 -11.00 WOMEN'S PAIRS - BALANCE MIXED PAIRS - DYNAMIC 11.00 -11.15 PAUSE 11.15 -12.20 WOMEN'S GROUP - DYNAMIC MEN'S PAIRS - BALANCE MEN'S GROUP - BALANCE</p>	 4-5 October 2006 Zielona Góra - Poland	1	I	2 nd EUROPEAN ACROBATICS GYMNASTICS AGE GROUP GAMES
	16.00 OPENING CEREMONY AGE GROUP				
	 4-5 October 2006 Zielona Góra - Poland	<p>COMPETITION 1 Qualification AGE GROUP 16.45 - 17.45 WOMEN'S PAIRS - DYNAMIC MIXED PAIRS - BALANCE 17.45 - 18.00 PAUSE 18.00 - 19.05 WOMEN'S GROUP - BALANCE MEN'S PAIRS - DYNAMIC MEN'S GROUP - DYNAMIC</p>	2		
THURSDAY 05 OCTOBER	<p>COMPETITION 2 Final AGE GROUP 09:30 - 10.15 WOMEN'S PAIRS MIXED PAIRS 10.15 - 10.30 PAUSE 10.30 - 11.35 WOMEN'S GROUP MEN'S PAIRS MEN'S GROUP</p>	 4-5 October 2006 Zielona Góra - Poland	3	II	
	12.00 CLOSING CEREMONY AGE GROUP MEDAL AWARDS CEREMONY				
FRIDAY 06 OCTOBER	<p>COMPETITION 1 TEAM QUALIFICATION JUNIORS 10.00 - 11.15 PAIRS (WP - MX - MP) BALANCE 11.20-12.05 GROUPS (WG - MG) DYNAMIC SENIORS 12.10 - 13.10 PAIRS (WP - MX - MP) BALANCE 13.15-13.45 GROUPS (WG - MG) DYNAMIC</p>	 6-7 October 2006 Zielona Góra - Poland	4	III	1st EUROPEAN ACROBATICS GYMNASTICS TEAM CHAMPIONSHIPS SENIORS and JUNIORS
	16.00 OPENING CEREMONY SENIORS and JUNIORS TEAM				
		 6-7 October 2006 Zielona Góra - Poland	<p>COMPETITION 1 TEAM QUALIFICATION JUNIORS 16.45 - 18.00 PAIRS (WP - MX - MP) DYNAMIC 18.05-18.50 GROUPS (WG - MG) BALANCE SENIORS 18.55 - 19.55 PAIRS (WP - MX - MP) DYNAMIC 20.00-20.30 GROUPS (WG - MG) BALANCE</p>		
SATURDAY 07 OCTOBER	 6-7 October 2006 Zielona Góra - Poland	<p>COMPETITION 2 TEAM FINAL JUNIORS 14.00 - 15.15 PAIRS (WP - MX - MP) COMBINED 15.20 - 16.05 GROUPS (WG - MG) COMBINED SENIORS 16.10 - 17.10 PAIRS (WP - MX - MP) COMBINED 17.15 - 17.45 GROUPS (WG - MG) COMBINED</p>	6	IV	
	18.00 CLOSING CEREMONY SENIORS and JUNIORS TEAM MEDAL AWARDS CEREMONY				