

European Union of Gymnastics



WORK PLAN



1st European Team Championships in Acrobatics Gymnastics Seniors and Juniors



2nd European Age Group Games in Acrobatics Gymnastics

**2 - 8 October 2006
Zielona Góra – Poland**

SUMMARY

Page

1. General Information	3
2. Acrobatic Age Group 11 - 16 programme	3
3. Acrobatic Seniors and Juniors	3
4. Competition Venue	3
5. Organisers	4
6. Responsible Persons	4
7. General Programme	6-10
8. Official Hotels	11
9. Meals	11
10. Transport	11
11. Accreditation	11
12. Media and Media Conferences	11
13. Orientation Meeting	11
14. Judges Instruction	12
15. Judges Panels	12
16. Training Plan – Warm Up	12
17. Competition Schedule – Rotations	12
18. Equipment	12
19. Opening Ceremony	12
20. Medal Award Ceremonies	12
21. Competition Attire - Publicity	12
22. Athletes Measuring	13
23. Music	13
24. Pictorial Declarations of Exercises	13
25. Insurance	13
26. Medical Services	13
27. Doping Control	13
28. Video Recording	14
29. Visa	14
30. Farewell Party	14

1. GENERAL INFORMATION

The competition will be in accordance with:

- FIG Technical Rules and Regulations 2006 edition,
- FIG Code of Points 2005 edition,
- FIG Tables of Difficulty 2005 edition
- FIG International Age Group Competition 2005
- FIG Regulations for Awards Ceremonies
- UEG Regulations European Team Championships
- UEG Media Guidelines
- Medical Organization of the official FIG competitions
- Doping Control Rules

and subsequent decisions of the EC and TC-ACRO/UEG.

2. ACROBATIC AGE GROUP 11 – 16 PROGRAMME / only individual competition /
The 11 – 16 years entry into the European Age Group Games will be run on the above publications, in conjunction with the new 2005 COP. Federations may make two entries per discipline, however only one partnership from each Federation may proceed to the final.

3. ACROBATIC SENIORS and JUNIORS

In accordance with the TECHNICAL REGULATIONS, EUROPEAN TEAM CHAMPIONSHIPS IN ACROBATIC GYMNASTICS Seniors and Juniors

Judging, in accord with the:

- FIG Technical Regulations, Code of Points, Tables of difficulty, Judge's Charter.

Each team may have one or two qualified FIG Brevet judges.

- 2 judges EUROPEAN AGE GROUP GAMES
- 2 judges EUROPEAN TEAM CHAMPIONSHIPS SENIORS
- 2 judges EUROPEAN TEAM CHAMPIONSHIPS JUNIORS
- or 2 judges seniors + juniors together.

The TC ACRO/UEG appoints the Chairs of Judges Panel. The cost for judges will be the responsibility of the respective federations.

4. COMPETITION VENUE

COS PZAS MOSiR

Urszuli 22

65-147 Zielona Góra – Poland

Phone/fax : +48 68 324 84 59

5. ORGANISERS

European Union of Gymnastics

Avenue de Rhodanie 2, Case postale 188

1000 Lausanne 6, Switzerland

Phone: + 41 21 613 73 32, Fax: + 41 21 613 73 31

E-mail: info@ueg.org, Website: <http://www.ueg-gymnastics.com>



Polish Sports Acrobatics Federation

Marymoncka 34

01-813 Warszawa

Phone: + 48 22 834 64 86

Fax: + 48 22 834 69 89

E-mail: pzas@ocx.pl

Website: <http://www.pzas.org.pl>



LOCAL ORGANISING COMMITTEE

Stowarzyszenie Akrobatyki Sportowej

Urszuli 22

65-147 Zielona Góra

Phone/fax : +48 68 324 84 59

E-mail: dyrektor@lfs.ocx.pl

Website: <http://www.sas.hg.pl>



6. RESPONSIBLE PERSONS

UEG

- | | |
|---------------------------------|-----------------|
| - Dimitrios Dimitropoulos / GRE | President |
| - Andreas Szabo / HUN | Vice-president |
| - Panagiotis Mylonas / GRE | Official Doctor |
| - Danielle Duchoud / SUI | Head of Press |

UEG Sports Acrobatics Technical Committee

- | | |
|---------------------------|------------------|
| - Laurie Colton / GBR | President |
| - Wieslawa Milewska / POL | Vice – president |
| - Carine Peridy / FRA | Secretary |
| - Dragomir Draganov / BUL | Member |
| - Galina Kovalchuk / UKR | Member |
| - Norbert Müllmann / GER | Member |
| - Dimitry Vinnikov / RUS | Member |

Organising Committee

– Bronisława Grupa	President
– Bogusław Sulkowski	Competition Director
– Iwona Awizeń	Finances, Accreditation
– Roman Romanowski	Accommodation, Meals
– Robert Zapotoczny	Doctor
– Janusz Dopierala	Computer service
– Oskar Tatarynowicz	Computer service
– Marek Marucha	Results Presentation
– Jarosław Taryma	Trainings and warm up
– Anna Kaleta	Trainings and warm up
– Adriana Pluto	Competition Office
– Teresa Czerniawska	Awards Ceremonies
– Radosław Walczak	Transport
– Sławomir Szliter	Media
– Katarzyna Walczak	Music of competition
– Danuta Okińczyc	Hostesses
- Andrzej Stolarski	Manager of Sports Hall

Sound and light – Regionalne Centrum Animacji Kultury w Zielonej Górze
Director – Gerard Nowak

Announcers of competition – Jolanta Pacewicz – English, Jolanta Gąsiorowska - Polish

7. GENERAL PROGRAMME

Day	Events	Time	Place
MONDAY 2 nd October	AGE GROUP GAMES Arrival of delegations Accreditations Hand in pictorial declarations Open Training <u>End of day 1</u>	All day 14.00 – 20.00	Conference Room Competition Hall Training Hall
	Training as per schedule. see Training Schedule/ Measuring athletes during training Deadline to hand in pictorial declarations Optional, control of publicity on competition attire. Se item 21 Optional, check competition attire Age Groups. See FIG technical regulations Judges instructions Orientation Meeting with UEG TC ACRO / OC and Heads of Delegation Age Group Games <u>End of day 2</u>	9.00 – 16.00 9.00 – 16.00 15.00 15.00 – 17.00 15.00 – 18.00 18.30 – 19.30	Competition Hall Training Hall Medical room / 21 / Judges Room Judges Room Judges Room Conference Room

Day	Events	Time	Place
WEDNESDAY 4 th October	Judges Meeting	9.00 – 09.30	Judges Room
	Competition 1-Qualification For Age Group Games		
	Session 1 AG.G. Women's Pairs – Balance Mixed Pairs – Dyn	10.00 – 11.00	Competition Hall Floor A
	Session 1 AG.G. Women's Group – Dyn Men's Pairs – Balance Mens' Group – Balance	11.15 – 12.20	Competition Hall Floor A
	Judges Meeting	15.00 – 15.30	Judges Room
	Opening Ceremony	16.00 – 16.30	Competition Hall
	Competition 1 Qualification For Age Group Games		
	Session 2 AG.G Women's Pairs – Dyn Mixed Pairs – Balance	16.45 – 17.45	Competition Hall Floor A
	Session 2 AG.G. Women's Group – Balance Men's Pairs – Dyn Men's Group – Dyn	18.00 – 19.05	Competition Hall Floor A
	Senior and Junior Teams		
	Arrival of the Delegations Accreditations Hand in pictorial declarations	all day	Conference Room
Open training Senior and Junior Teams	13.00 – 15.00 19.30 – 21.30	Competition Hall Training Hall	
<u>End of day 3</u>			

Day	Events	Time	Place
THURSDAY 5 TH October	Judges Meeting	08.30 – 09:00	Judges Room
	Competition 2 Finals For Age Group Games		
	Session 3 AG. G Women's Pairs - Finals Mixed Pairs - Finals	09.30 – 10.15	Competition Hall Floor A
	Session 3 AG.G. Women's Group – Finals Men's Pairs - Finals Men's Group – Finals	10.30 – 11.35	Competition Hall Floor A
	Medal Award Ceremony Closing Ceremony	12.00	Competition Hall
	Official reception by the City of Zielona Góra	15.00	City Hall – Ratusz Head of delegation and Judges
	Training as per schedule Seniors and Juniors Teams /see Training Schedule/	12.00 – 19.00	Competition Hall Training Hall
	Measuring athletes during training	12.00 – 19.00	Medical room / 21 /
	Deadline to hand in pictorial declarations.	14.00	Judges Room
	Optional control of publicity on competition attire. Check competition attire	16.30 – 19.00	Judges Room
	Judges instructions Checking the tariff sheets.	16.30 – 19.00	Judges Room
	Orientation Meeting with UEG TC ACRO / OC and Heads of Delegation Senior and Junior Teams	19.30 – 20.30	Conference Room
<u>End of day 4</u>			

Day	Events	Time	Place
FRIDAY 6 th October	Judges Meeting	09:00 – 09:30	Judges Room
	Competition 1 Juniors and Seniors		
	Session 4		
	JUNIORS Pairs (WP – MX – MP) – Balance	10.00 – 11.15	Competition Hall Floor A
	JUNIORS Groups (WG – MG) – Dyn	11.20 – 12.05	
	SENIORS Pairs (WP – MX – MP) – Balance	12.10 – 13.10	
	SENIORS Groups (WG – MG) – Dyn	13.15 – 13.45	
	OPENING CEREMONY	16.00-16.30	
	Competition 1 Juniors and Seniors		
	Session 5		
	JUNIORS Pairs (WP – MX – MP) – Dyn	16.45 – 18.00	Competition Hall Floor A
	JUNIORS Groups (WG – MG) – Balance	18.05 – 18.50	
	SENIORS Pairs (WP – MX – MP) – Dyn	18.55 – 19.55	
SENIORS Groups (WG – MG) – Balance	20.00 – 20.30		
<u>End of day 5</u>			

Day	Events	Time	Place
	Judges Meeting	13.00 – 13.30	Judges Room
	Competition 2 Team Final Juniors and Seniors		
	Session 6 JUNIORS Pairs (WP – MX – MP) Combined	14.00 – 15.15	Competition Hall Floor A
	JUNIORS Groups (WG – MG) – Combined	15.20 – 16.05	
	SENIORS Pairs (WP – MX – MP) Combined	16.10 – 17.10	
	SENIORS Groups (WG – MG) – Combined	17.15 – 17.45	
SATURDAY 7th October	CLOSING CEREMONY Medal award ceremony for Seniors and Juniors Teams	18.00	Competition Hall
	FAREWELL PARTY	20.30	Sala Kolumnowa Urząd Marszałkowski
	<u>End of day 6</u>		

8. OFFICIAL HOTELS

Hotel WOSiR

Olimpijska 20
Drzonkow

Hotel "Leśny"

Sulechowska 39
Zielona Góra

Mini Hotel / VIP /

Truskawkowa 1a
Zielona Góra

9. MEALS

Full board is included in the accommodation packages. Breakfast, Lunch and Dinner will be served in the hotel Restaurant.

The Heads of delegation will receive meal tickets upon arrival at accreditation.

10. TRANSPORT

Transfers by bus to and from the official hotel, as well as from the official hotel to the training and competition venue will be provided to the delegations. A detailed schedule will be handed to the Federations upon arrival. Organizer can secure **payable** transport from and to Airport Berlin

11. ACCREDITATION

The accreditation system identifies individuals participating in the Championships and ensures controlled access to each area. All participants and officials are required to wear Accreditation Cards at all times.

At accreditation the Heads of Delegation must check the correct names of their complete delegation, verify accommodation requirements and make the necessary payments and the music cd's of the competitors. They also have to present the **passports** of all competitors and judges for the control of Nationality and age.

The accreditation is personal, non transferable and compulsory to control access to training and competition hall, functions and official transport.

As far as the number of accreditations per federations is as shown in the FIG Technical Rules and Regulations, UEG regulations for European Team Championships, and confirmed in the Invitation.

12. MEDIA AND MEDIA CONFERENCES

Media representatives (journalists, photographers, TV) must request a special accreditation from the OC. Please contact the OC as soon as possible.

The media will be assigned special seating and working conditions.

13. ORIENTATION MEETINGS

The orientation meeting for the **Age Group** competition will take place on **Tuesday 3rd of October at 18.30 hours** and for **Juniors and Seniors** will take place on **Thursday 5th of October at 19.30 hours**. This meeting is for the Heads of delegation and team managers.

The heads of delegation will receive the actual and updated competition plan. This meeting will take place in the Conference Room of the Competition Hall
Daily meetings of the OC with the Heads of Delegations and the UEG / TC ACRO will take place during the competition days.

14. JUDGE'S INSTRUCTIONS

The **Age Group Games** judge's instructions will take place on **Tuesday 3rd of October at 15.00 – 18.00 hours in the Judges Room**. The **Juniors and Seniors** Judges' instructions will take place **on Thursday 5th at 16.30 - 19.00 hours in the Judges Room**
This is compulsory, judges not participating will not be allowed to judge.
Judge's meeting will also take place before competition, and a brief meeting will take place immediately at the end of competition.

15. JUDGES PANELS

The Superior jury is composed of the Technical Committee ACRO, chaired by the President TC-ACRO/UEG, in accordance with the TR/FIG Reg 7.8.1
The Jury of Appeal will be established before the competition, TR/FIG.
Chairs of Judges Panels and Difficulty Judges will be established before the competition,

16. TRAINING PLAN-WARM UP

The current training schedule will be given to the Heads of Delegation upon arrival.
Schedule see enclosure.

17. COMPETITION SCHEDULE-ROTATIONS

The current detailed competition schedule including the rotations will be given upon arrival.

18. EQUIPMENT

SPIETH Gymnastic floor. Colour: blue

19. OPENING CEREMONY

The **Age Group Games** - **Wednesday 4th October at 16.00** - Competition Hall. The **Juniors and Seniors** – on **Friday 6th at 16.00** - Competition Hall. Competitors and coaches will be requested to participate at the Opening Ceremony. Seniors and Juniors must wear National tracksuit must be worn. Further details will be given at the Orientation Meeting.

20. MEDAL AWARD CEREMONY

The medal winners only will be invited to participate in the medal award ceremony. They are requested to appear in competition attire.

Team – All medal winning teams / 7 or 8 competitors / plus 2 coaches.

21. COMPETITION ATTIRE – PUBLICITY

Please pay attention to the technical regulations (National emblem) and the Guidelines for Advertising and Publicity. Please note that publicity on the competition attire must be approved by the UEG.

An opportunity will be given to the Heads of Delegation to present their competition attire for approval on **Tuesday 3rd October, at 15.00 – 17.00 – AGG and on Thursday 5th October, at 16.30-19.00 – E.Ch. Team in Judges Room.**

22. ATHLETES MEASURING

The athletes measuring will take place on **Tuesday, 3rd of October, at 09.00 – 16.00 – during training – AGG and Thursday 5th October, at 12.00-19.00 – during training E.Ch. Team - Medical Room.**

All competitors are requested to present themselves at the **Medical Room** immediately before or during their training session / UEG TC Norbert Mullman - OC Doctor.

23. MUSIC

The music compact discs (CD, MD) must be given to the OC upon arrival **at accreditation.**

24. PICTORIAL DECLARATIONS OF EXERCISES

Pictorial declarations should be handed in by the Heads of Delegation at accreditation. They must be filled in :

- in the order in which the elements will be performed,
- showing the page, number and value,
- **incomplete sheets will be returned to the team judge.**
- three copies are required
- The deadline for Age Groups Tuesday 3rd October by 15.00
- The deadline for Senior and Junior Teams is Thursday 5th October at 14.00
- **Late submission will incur a penalty in accordance with FIG Code of Points.**

VERY IMPORTANT:

Please note that only elements in the FIG Tables of Difficulty 2005 or approved supplement are allowed. Elements not shown in the Tables of Difficulty will not be given value at these Championships.

25. INSURANCE

The FIG Technical Regulations foresees that all participating Nations are responsible by themselves for having the necessary insurance coverage of all participants against accidents and illness.

The Organizing Committee will verify the insurance of all countries at accreditation.

26. MEDICAL SERVICES

The Organizing Committee will provide medical services. A doctor will be at your service during training and competitions.

27. DOPING CONTROL

Doping controls will be made during the Championships as per FIG and IOC regulations. The appropriate authority under supervision of the UEG will carry these out. The doping controls can take place during the training, qualifications and/or the finals.

28. VIDEO RECORDING

All routines will be recorded on video.

29. VISA

Please check immediately with your travel agent or Polish Embassy in your country if a visa is required for your travel to Poland.

30. FAREWELL PARTY

Saturday 7th October, at 20.30 Sala Kolumnowa Urząd Marszałkowski.

EUROPEAN UNION OF GYMNASTICS
Laurie COLTON
UEG ACRO-TC President

ORGANIZING COMMITTEE
Bronislawa Grupa
ORGANIZING COMMITTEE President

ENCLOSURES:

- plan training and warm up